

CONNECTING PERMANENTLY WITH YOUR HIGHER SELF - CLARITY



THE HIGHER SELF -- A LINEAR EXPLANATION

Your Higher Self is, in simple terms, the highest aspect of you that can be attained and held in the physical body. It is the part of you that knows, sees, and understands at the highest level possible, while the physical part of you still continues to move around in the third dimension. Anchoring the wisdom of the Higher Self into your physicality is very much a part of our human spiritual evolution and purpose, which "is" ASCENSION.

Your Soul, on the other hand, had an enormous role in deciding upon and designing what you experience in this lifetime. Your Soul wanted to experience a certain set of

experiences so it put in place a plan and process where it could - through you.

In the process of these wonderful experiences your Soul created for you, you always have free will. And so you go about choosing and creating many other components of this life-game that are in addition to what the Soul's desires have been.

This amazing time of Shift is adding to how you experience both your Higher Self and your Soul. As you begin to remember yourself and return to higher levels of consciousness, aspects of you and the Higher Self are going to merge very rapidly. As you begin to experience yourself as the merged Higher Self, greater levels of knowledge, wisdom, and understanding that the Higher Self IS begin to be who you are.

Simultaneously, your Soul plays an enormous role in all that is. Your Soul plays much more in the non-physical realm of consciousness which is gigantically vaster than the physical. It's as if the concept and reality of physicalness is a grain of sand on a beach. Everything else is non-physical. . As you complete the agreements you made with your Soul (i.e. experiencing and mastering lessons) the veils between you and the Soul become thinner and transparent. Soon you and your Soul are one and the creation process becomes vast and to 5D 6D 7D and Beyond!

As you intentionally awaken and merge with your Higher Self and Soul during this Shift, you are doing something that has never been done before. Those who are intentionally and with great attention focused upon their personal evolution become fully aware of the consciousness of the Soul as it plays in the physical. You also begin to build a bridge back to the heart of Creator.

This bridge is referred to in various texts as the “Monad.” The Monad is the bridging element of the Soul that has conscious awareness in the non-physical.

You are in the process, as you go through these evolutionary steps, of becoming one with the Higher Self, as well as becoming one with the physicalness of the Soul. You also are beginning to access the Monad and the non-physical universe; the Mother/Father Creator.

Welcome to the WILD RIDE OF ASCENSION! YES!

A THROUGH Z SIGNS THAT YOU ARE CONNECTED PERMANENTLY WITH YOUR HIGHER SELF

A. Higher Sensory Perception

Your intuition is developing at a rapid rate. Other higher senses like clairvoyance and clairaudience can also be turned on. These higher senses allow you to access information and wisdom that otherwise would be unavailable through the use of your rational mind. Harmonious lucid dreaming and out of body experiences are also ways to access higher dimensional information.

B. Knowing Your Soul Purpose

With your higher senses turned on, it has become crystal clear what your Soul's Purpose is. Not only you know what your mission here on earth is but you are fulfilling this mission by taking action and walking your path. You are fulfilling your basic human needs of self-growth and contribution by being on the path of eternal self actualization and being at the service of others.

C. Meeting Your Soul Family

Your frequency has attracted you to people with whom you resonate at a soul level. When you met these

individuals you felt a strong and undeniable connection with them, like if you had met them before (from a past life). Even if they live on the other side of the world, the spiritual ties between you are so strong that years can go by and when you meet again is like no time has passed.

D. Meeting one of Your Twin Flame or Soul Mate's

You are in a relationship with a person that highlights and enhances your best qualities. As well, this person will mirror back to you everything you need to work on yourself. This relationship thrives on self-growth, contribution, higher giving love and fulfillment. A necessary step for the manifestation of this relationship is cutting cords of attachments and karmic ties with previous relationships.

E. Synchronicities and Accelerated Manifestations

Your connection with the universe and life is evident. Your questions are answered through synchronicities and hidden messages are easily revealed to you by the power of your higher senses. You find messages and answers in books, nature and even random conversations. As well, you become aware of how strong and powerful your intent has become. Whatever you focus on manifests at a much faster than ever before.

F. Taking Responsibility For Your Happiness

As you embody your Higher Self you realize how powerful you are and how you co-create reality through your thoughts and emotions. You take full responsibility for your own happiness and you stop blaming other people, the government or any other outside sources. Victimization is a thing of the past and you take full charge of your healing and evolutionary process.

G. Embracing All Emotions

You have finally transcended the spiritual bypass that some emotions are 'bad' or 'negative'. Instead you embrace all e-motions and instead of repressing them you allow them to flow through you. You can use anger for passion or motivation. You can easily empathize with others while maintaining the integrity of your field.

H. Holographic Nature of Reality

The holographic nature of reality is encoded within you and you can sense the interconnectedness of everything. It is obvious to you that we live in a multidimensional matrix and that you have a multidimensional anatomy. You also feel very attracted to sacred geometry.

I. Alchemical Powers

Through yoga, or massage, or dance, or other kinetic modes, you have learned how to direct your intent and manipulate energy to remove energetic blockages. You can easily connect to your Higher Self and disengage discordant energies that hinder your spiritual evolution. Often you will assist others in their healing and ascension process with your siddhis.

J. Activating Your DNA

DNA activation is the process of accreting more light into your morphogenetic field by activating the dormant strands of DNA that correspond to your Higher Self. DNA activation is the key to spiritual ascension and the embodiment of your Higher Self. It's quite common for a person who goes through DNA activation to progressively experience all the other signs mentioned in this page.

K AND L AND M!. Unconditional Self-Love

Your 4th strand of DNA corresponds to your heart chakra. One of the main benefits of DNA activation is being able to access and embody a state of unconditional self-love. No longer do you feel the need to extract love from other

people, instead you see yourself as an infinite source of love. A sense of wholeness begins to unfold as you love ALL aspects of yourself, including your shadow self.

N. Integrating and Transcending Your Shadow Self

Your shadow self is the part of you that is running in reverse. It is mainly made up of archetypes, personas and complexes. Some examples are the Professional Victim Persona, the Rescuer Archetype, the Sorcerer, The Tyrant and the Absolute Perfectionist. The shadow self is what causes self-sabotage and causes you to create chaos in your life. The shadow self is created by making decisions that are not aligned with your Higher Self and manifest as reverse codes in your DNA. For all those souls that have come to experience and express Earth for the first or second time this “ shadow self concept’ is unknown therefore very challenging to understand and to accept as even karma has been inherited just as artificial memories on hard disc so that these souls could adapt and adjust to Earth and live through the full experience. A lot of these souls are Walk In’s .

O. Frequency Resonance

As you continue to raise your frequency you notice how some people begin to fall out of your holographic reality. You understand that your frequencies no longer match. The same can happen with your job or even your country of origin. In turn your higher frequency attracts you to a new grid of people, places, times, things and events that are in line with your Higher Self. You walk into a different timeline within the some spectrum of existing Earth’s platforms of your planet. There are currently 8 Earth Platforms and more will emerge vibrating in different levels of frequency .

P. Honest Yes and Honest No

You are not afraid of saying 'no' to other people when your inner guidance tells you not to do something or go somewhere. You are not afraid of other people's reactions and you are true to yourself. Every time you are congruent with what you want and what you don't want you feel more powerful. As well you embrace the art of an honest 'yes' when the universe delivers what you desire. You don't try to appear 'humble' or 'spiritual' by rejecting what you truly desire in your life.

Q. Harmonious Relationships

You accept people for who they are, and decide on hanging out with them for how loving they are. No other basis!

R. No Guilt, No Shame

Shame and guilt are the two lowest frequency energetic blockages in humanity. In order to embody your Higher Self you have let go of the identification with shame and guilt. You have cleared the guilt and shame you inherited from your parents through the DNA and you have released the shame and guilt that has been implanted by society and religions. Instead you choose to embrace the states of joy and bliss. You have become immune to guilt manipulating strategies often used by victims.

S. Making Decision In Line With Your Higher Self

Instead of making decisions based on fear, righteousness, competition or lack you are making decisions in line with your Higher Self and ultimately with Source-will. You are aware of Source's intentions: the Law of One, Unconditional Love, Cooperation, Evolution, Perpetual Motion, Cause and Effect, Non-Judgment and Free-will. Even though we all have free-will and can ultimately go against Source-will (you're unconditionally loved), you're aware that making such decisions will trigger the Law of Cause and Effect and create a karmic imprint to re-mind

you that fundamentally you must heal that karmic miasm at some point.

T. Inner and Outer Abundance

Lack and limitation are a thing of the past. You have embodied a state of absolute inner abundance that is being reflected onto your holographic reality. You no longer seek to extract love, approval and appreciation from other people, you are the source. Happiness is within you. As well you have transcended the spiritual bypass that money is 'evil' and you know that money is just energy, made up of consciousness just like everything else. You enjoy financial abundance and use this abundance to create a more harmonious reality for yourself and others.

U. Mind Unplugged From the Matrix

One sign that your mind has been unplugged from the matrix is that you can clearly see the hidden agenda of those who desire to control this planet. You no longer resonate with the news and their 'official story'. Your inner truth detector can sense when someone is lying and you have become immune to the low frequency strategies and implants that constantly try to tell you 'you are not enough'. Mindless consumerism and the herd mentality seem absurd to you.

V. Bye-Bye to Worshipping People

As you awaken to your co-creative powers and God-like nature, you no longer put other people on a pedestal. Your inner guru precedes any external guru and you see teachers as a reflection of your own unlimited potential. The forces of your worthiness and deservedness drive you to achieve whatever you set your mind upon. You have become the master of your own reality.

W. Overflowing with Gratitude

Gratitude is your attitude. Gratitude is your prayer. The sense of lack has become foreign to you, instead you cannot stop counting your blessings. The feeling of gratitude multiplies whatever you have and brings you even more positive experiences. You are even grateful for the challenges and setbacks that are inevitable in life, you can't help to see them as opportunities for growth. And you probably have a gratitude journal.

***Don't Take Yourself Too Seriously**

Life is meant to be fun, you know that. Being extremely rigid and disciplined suck the fun out of everything. Even though you are adamant when it comes to working on yourself and achieving self mastery, you always allow yourself to make mistakes. In fact making mistakes is part of the learning process. You have a great sense of humor and you don't take yourself too seriously. Your inner child is thriving and you often feel energized, inspired and overflowing with creativity.

Much Love from our hearts to yours;
Yukia Qwi An Sandara